

A Short Biography
Kathleen Passanisi, PT, CSP, CPAE

Changing lives one laugh at a time by creating new perspectives.

Kathleen Passanisi, PT, CSP, CPAE Speaker Hall of Fame, and recipient of a Lifetime Achievement award in the field of therapeutic humor has helped thousands change their outlooks and their lives through her enlightening and entertaining programs. An internationally recognized speaker, humorist, medical professional, and author, Kathy brings substance, style, and clean hilarity to her universal content, guaranteeing a successful meeting with lasting effects.

Kathy founded New Perspectives in 1987 to address issues in wellness, quality living, stress management, and the link that exists between humor and health. Kathy is a past-president of the American Association for Therapeutic Humor and served on the adjunct faculty of the Washington University School of Medicine. Her clients range from the Fortune 500 to trauma teams, from cancer patients to married couples. Her work has been featured in the *New York Times*, *US News and World Report*, *Working Woman*, and England's *Sunday Business*.

Kathy is the author of *It's Your Life—Choose Well* and contributing author of *Humor Me*. Self-proclaimed poster woman for the sandwich generation, she is the funniest woman in Lake Saint Louis, Missouri and possibly the Western Hemisphere.